

Welcome to the 13th season of A Frost Dance Experience, Back to Basics. It will definitely be a different season than the ones in the past. We are going to make the most of it and keep our students physically active, mentally active and safe. Please read our new protocols for the studio during Covid 19. We ask that you have patience with our staff as this is new for everyone. We know it will be a great year with the help of our families.

Studio Hours and Operations:

In the past the studio has been open 30 minutes before classes. **During Covid 19 students are allowed into the studio 5 minutes before their class starts.** We ask that students line up outside on the chalk lines, which are 6 feet apart. Students will then be given hand sanitizer as they enter the building one by one and directed to drop their coats and shoes in a specific space and then line up to enter their studio. Dismissal will be the same, we will let students out one at a time and all students will leave the building. We ask that you are prompt picking up your child as they will not be allowed to wait inside.

London – if you are dancing in London, you will walk through the vestibule and turn left into the lobby.

You will hang your coats on the coat rack and leave your shoes on the tray near the rack

New York – if you are dancing in New York, you will use the hooks and shoe trays in the vestibule

Paris – if you are dancing in Paris, you will walk through the vestibule, continue going straight to the coat rack in the hallway and place your shoes on the mats provided

We ask that students only bring a water bottle and the shoes they will need for their class. These items will be brought into the studio with them set inside a specific box for the class.

Masks are mandatory for anyone coming into the building. We encourage all dancers to wear their masks during class. Dancers 6 and under may have one adult accompany them into the studio. At that point we ask that any adults in the building maintain 6 feet between them and anyone else.

The homework area, changeroom, kitchen and lobby is closed for everyone. Washrooms should be used on an emergency basis. There will be one washroom designated for families and one for our staff. Washroom touchpoints will be cleaned throughout the night.

Check In:

We will be using the Parent Portal for attendance this year. On the day your child has class you will need to login into your parent portal, go to attendance and check your child in. There are 3 questions you must answer, for covid screening. If you answer yes to any questions, we ask that you keep your child home and contact the studio so we can set up a zoom class for your child (ren) to take. You only have to check your children in once a day even if they have more than one class on that day.

Yoga Mats:

ACRO - We ask that any children enrolled in our acro program bring a yoga mat to their dance class. They will be using the mat for class each week.

Jazz, Contemporary, Musical Theatre, Hip Hop – We encourage dancers 10+ to bring a yoga mat for the stretching portion of their class. This will help staff with the cleaning of the studio between classes.

Term 1 Payments:

Payments for term 1 can be made by e-transfer to dance@afrostdance.com, pre authorized debit or credit card. Full term 1 payments are due October 1st. If you are a returning student and we have your payment information on file and you'd like for us to use that, please let us know. If you are a new family, you can find our forms on our website afrostdance.ca. They can be printed off and sent in by October 1st.

Competitive Classes:

Competitive classes are running this year. We are hoping to be able to participate in virtual competitions. That way we do not have to travel or be exposed to other communities. We will try and reuse costumes from last year or possibly no costumes as some competitions are forgoing costume marks this year. If you would like to sign up for a competitive class, please let us know. Entry fees will be determined and paid in Term 2. If you had a solo or duet from the 2019/20 season and would like to continue with the piece please let us know. If you would like to learn a new piece please reach out to us by email.

Assistants:

We are reaching out to assistants this weekend to set up times that work out in their schedule. If you're 12+ and would like to assist this year, please let us know. Unfortunately this year we are unable to offer a credit for assistants' hours. High School students may be able to use their hours for volunteer hours. Please check with your school to make sure they accept them.

Greeters/Reception:

Our receptionist will also be working as greeters at the door for people entering/exiting the building. They will be cleaning touchpoints through the night and answering emails and phone calls. If you call the studio, please make sure you leave a message and they will get back to you as soon as they can. The door to the studio will be locked during class times to keep people from entering without permission (I don't like the word permission, but I don't know what else to use). If a student feels ill during class, we will contact a parent or guardian immediately for pick up. Remember, if your child is not feeling well, please keep them home and we can zoom the class for you so they can still participate.

As I said, this year will be different than the rest. But we can still make it a great dance experience. If you would like a breakdown of our Covid Procedures, please check the link on our website, afrostdance.ca. If you have any questions please email us at dance@afrostdance.com or call us Monday to Friday from 4:30 to 7pm.

Sincerely,

Ms Frost